

Calculating Isolation (If You Test Positive)

REGARDLESS OF VACCINATION STATUS

IF YOU TEST POSITIVE FOR COVID-19 OR HAVE SYMPTOMS

Days 0-5

- Stay home for 5 full days
- Isolate from others in your home
- Wear a well-fitted mask if you must be around others

For the full 10 days:

- Wear a well-fitted mask for 10 full days any time you are around others
- Do not go to places where you are unable to wear a mask
- Avoid travel and being around high-risk individuals

Ending isolation if you **had** symptoms

- You can end isolation after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving

Ending isolation if you did **NOT** have symptoms

- You can end isolation after at least 5 full days after your positive test

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**If you were severely
ill you should isolate
for a full 10 days**

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