There are 3 types of Diabetes: Type 1, Type 2 & Gestational Diabetes

**Type 1:** Occurs when your pancreas can’t make insulin. Type 1 patients are insulin dependent as a result. **Type 2:** Is caused by your body not efficiently using insulin. **Type 2** is the most common type of Diabetes affecting 9 out of 10 who are diagnosed with Diabetes. **Gestational:** Occurs only during pregnancy.

**DIABETES SYMPTOMS**

1. **BLURRED VISION**
   The changing amount of fluid in your body may impact the lenses of your eyes making it hard to focus.

2. **CUTS & BRUISES**
   Diabetes affects the nerves & blood circulation making it difficult for your skin to repair.

3. **HUNGER & FATIGUE**
   When you have diabetes, your body has trouble converting food to energy.

4. **FREQUENT URINATION & INCREASED THIRST**
   Diabetes increases your blood sugar levels, making it more difficult for your kidneys to function.