VAPING…What you need to know

VAPING has been possibly tied to hundreds of cases of severe lung disease across the U.S. some resulting in death.

As the CDC investigates these cases, federal authorities are urging people to STOP using E-cigarettes and other vaping products. Vaping products can harm brain development, increase blood pressure, decrease attention span, learning, mood and impulse control.

5 THINGS EVERYONE NEEDS TO KNOW ABOUT VAPING

1. 78% USAGE INCREASE
   Teens are vaping at an alarming rate!
   21% of all high school & middle school students reported to have vaped in the past 30 days.

2. LONG TERM EFFECTS UNKNOWN
   E-cigs contain Nicotine, which is highly addictive & particularly harmful to adolescents. Since E-cigs have only been around for a short time, the long term effects are not known.

3. NOT SAFE
   E-cigs heat a liquid & produce an aerosol of particles, which contain harmful substances, including Nicotine, heavy metals like lead, volatile organic compounds and cancer-causing agents.

4. NOT ALL IS LEGAL
   Many people buy vaping ingredients “on the street” where there is no oversight to safety or quality. Several of the lung disease cases reportedly involve THC & Vitamin E Acetate, an oil found in cannabis products.

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MIDDLETOWN

PUBLIC HEALTH ALERT- VAPING

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